

## **Thousand Oaks Family YMCA | June 2nd - June 8th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Challenge Court	5:00AM-11:00PM	5:00AM-11:00PM	5:00AM-11:00PM	5:00AM-11:00PM	5:00AM-11:00PM	7:00AM-8:00PM	12:00PM-8:00PM
Racquetball Court 3	(Racquetball)	(Racquetball)	(Racquetball)	(Racquetball)	(Racquetball)	(Racquetball)	(Racquetball)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 5	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
<u>ign Up</u>	7:00AM-8:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
8:00AM-9:00AM (Racquetball) 9:00AM-10:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	10:00AM-11:00AM (Racquetball) 11:00AM-12:00PM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
		10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	12:00PM-1:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	
	2:00PM-3:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	3:00PM-4:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)		
	7:00PM-8:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		
8:00PM-9:00PM (Racquetball) 9:00PM-10:00PM (Racquetball)		9:00PM-10:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)		
		10:00PM-11:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)		
	10:00PM-11:00PM (Racquetball)		9:00PM-10:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)		
			10:00PM-11:00PM (Racquetball)				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Racquetball Court 4	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	5:00AM-6:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	1:00PM-2:00PM (Racquetball)
g <u>n Up</u>	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	6:00AM-7:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	2:00PM-3:00PM (Racquetball)
(Racquetba 8:00AM-9:0	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	7:00AM-8:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	3:00PM-4:00PM (Racquetball)
	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	8:00AM-9:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)
	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	9:00AM-10:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)
	11:00AM-12:00PM (Racquetball)	10:00AM-11:00AM (Racquetball)	10:00AM-11:00AM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)
	12:00PM-1:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	11:00AM-12:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)
	1:00PM-2:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	12:00PM-1:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	
	2:00PM-3:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	1:00PM-2:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	
	3:00PM-4:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	2:00PM-3:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	
	4:00PM-5:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	3:00PM-4:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	
	5:00PM-6:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	4:00PM-5:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)		
	6:00PM-7:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	5:00PM-6:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)		
	7:00PM-8:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	6:00PM-7:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)		
	8:00PM-9:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	7:00PM-8:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)		
	9:00PM-10:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)	8:00PM-9:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)		
	10:00PM-11:00PM (Racquetball)	10:00PM-11:00PM (Racquetball)	9:00PM-10:00PM (Racquetball)				
			10:00PM-11:00PM (Racquetball)				
dult Pickup Basketball .8+) asketball Court - Full Court	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-7:00AM (Basketball)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Play - All Courts</b> Tennis Court 1 - 6	5:00AM-8:00AM (Tennis)	5:00AM-8:00AM (Tennis)	5:00AM-8:00AM (Tennis)	5:00AM-8:00AM (Tennis)	5:00AM-8:00AM (Tennis)	5:00AM-8:00AM (Tennis)	5:00AM-8:00AM (Tennis)
Cycle Main Group Ex Studio Sign Up	5:05AM-5:55AM (Cycle) Loyda C.	6:10PM-7:00PM (Cycle) <i>Lisa G.</i>	5:05AM-5:55AM (Cycle) Loyda C.	6:10PM-7:00PM (Cycle) Mendy M.	5:05AM-5:55AM (Cycle) Loyda C.	9:05AM-9:55AM (Cycle) <i>Loyda C.</i>	
<b>LES MILLS BODYPUMP™</b> Main Group Ex Studio Sign Up	6:10AM-7:10AM (Strength & Endurance ) Loyda C. 11:10AM-12:10PM (Strength & Endurance ) Samantha T.		6:10AM-7:10AM (Strength & Endurance ) Loyda C. 11:10AM-12:10PM (Strength & Endurance ) Samantha T.		6:10AM-7:10AM (Strength & Endurance ) Loyda C. 11:10AM-12:10PM (Strength & Endurance ) Samantha T.	10:05AM-11:00AM (Strength & Endurance ) Loyda C.	1:30PM-2:30PM (Strength & Endurance ) Samantha T.
Closed for Programming Basketball Court: Side A	7:00AM-6:00PM (Basketball)	7:00AM-6:00PM (Basketball)					
<b>Open Swim</b> Outdoor Pool	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	7:00AM-8:00PM (Aquatics)	9:00AM-6:00PM (Aquatics)	1:00PM-5:00PM (Aquatics)
Reserved for Programming Pickleball Courts 7-10	8:00AM-6:00PM (Pickleball)	8:00AM-5:00PM (Pickleball)	8:00AM-6:00PM (Pickleball)				
<b>Aqua Fit</b> Outdoor Pool <u>Sign Up</u>	8:00AM-8:45AM (Aqua Group Exercise) <i>Loyda C.</i>		8:00AM-8:45AM (Aqua Group Exercise) <i>Karen W.</i>				
Reps FX Main Group Ex Studio Sign Up	8:10AM-9:00AM (Strength & Endurance ) Beth B.	5:10PM-6:00PM (Strength & Endurance ) Beth B.	8:10AM-9:00AM (Strength & Endurance ) Cheryl O.	5:10PM-6:00PM (Strength & Endurance ) Beth B.	8:10AM-9:00AM (Strength & Endurance ) Beth B.		
Pickleball Open Play Pickleball Courts 1-8	8:30AM-12:30PM (Pickleball)				5:30PM-9:30PM (Pickleball)		1:00PM-6:00PM (Pickleball)
	6:00PM-9:30PM (Pickleball)						
Pickleball Open Play Pickleball Courts 1-6	8:30AM-12:30PM (Pickleball)		8:30AM-12:30PM (Pickleball)				
Reserved for Senior League Tennis Court 1 - 6	8:30AM-11:30AM (Tennis)		8:30AM-11:30AM (Tennis)		8:30AM-11:30AM (Tennis)		
TRX® Queenax Sign Up	9:10AM-10:00AM (Strength & Endurance ) Trish B.				9:10AM-10:00PM (Strength & Endurance ) <i>Trish B</i> .		
Yoga Restore Mind Body Studio <u>Sign Up</u>	9:10AM-10:00AM (Mind Body) Reisa D.		9:10AM-10:00AM (Mind Body) <i>Reisa D.</i>		9:10AM-10:00AM (Mind Body) Elena H.		
Barre Main Group Ex Studio Sign Up	9:10AM-10:00AM (Mind Body) Beth B.		9:10AM-10:00AM (Mind Body) Beth B.		9:10AM-10:00AM (Mind Body) Beth B.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Yoga Strength</b> Mind Body Studio <u>Sign Up</u>	10:10AM-11:00AM (Mind Body) Beth B.	6:10PM-7:00PM (Mind Body) Beth B.	10:10AM-11:00AM (Mind Body) Beth B.	6:10PM-7:00PM (Mind Body) Beth B.	10:10AM-11:00AM (Mind Body) Nicole J.		
<b>ZUMBA</b> ® Main Group Ex Studio <u>Sign Up</u>	10:10AM-11:00AM (Cardio & Dance) Andrea H.	8:30AM-9:20AM (Cardio & Dance) <i>Melissa T.</i>	10:10AM-11:00AM (Cardio & Dance) Graciela P. 7:10PM-8:00PM (Cardio & Dance) Lauren M.	8:30AM-9:20AM (Cardio & Dance) <i>Michelle D.</i>	10:10AM-11:00AM (Cardio & Dance) Michelle D.		
Closed for Group Exercise Basketball Court - Full Court	11:00AM-12:00PM (Basketball)		11:00AM-12:00PM (Basketball)		11:00AM-12:00PM (Basketball)		
ForeverWell Sculpt Basketball Court - Full Court Sign Up	11:00AM-11:50AM (Foreverwell) <i>Loyda C</i> .		11:00AM-11:50AM (Foreverwell) Loyda C.		11:00AM-11:50AM (Foreverwell) Lisa G.		
Reserve a Court Tennis Court 6	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	12:00PM-1:00PM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	4:00PM-5:00PM (Tennis)
<u>Sign Up</u>	12:00PM-1:00PM (Tennis)	2:00PM-3:00PM (Tennis)	12:00PM-1:00PM (Tennis)	1:00PM-2:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)	5:00PM-6:00PM (Tennis)
	1:00PM-2:00PM (Tennis)	3:00PM-4:00PM (Tennis)	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	1:00PM-2:00PM (Tennis)		6:00PM-7:30PM (Tennis)
	2:00PM-3:00PM (Tennis)	4:00PM-5:00PM (Tennis)	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)		
	3:00PM-4:00PM (Tennis)	8:00PM-9:00PM (Tennis)	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	3:00PM-4:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)	9:00PM-10:30PM (Tennis)	4:00PM-5:00PM (Tennis)	8:00PM-9:00PM (Tennis)	4:00PM-5:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)		5:00PM-6:00PM (Tennis)	9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis)		
	7:00PM-8:00PM (Tennis)		6:00PM-7:00PM (Tennis)		6:00PM-7:00PM (Tennis)		
	8:00PM-9:00PM (Tennis)		7:00PM-8:00PM (Tennis)		7:00PM-8:00PM (Tennis)		
	9:00PM-10:30PM (Tennis)		8:00PM-9:00PM (Tennis)		8:00PM-9:00PM (Tennis)		
			9:00PM-10:30PM (Tennis)		9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 5 Sign Up	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	4:00PM-5:00PM (Tennis)
12:00PM-1:00PM (Tennis)	2:00PM-3:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)	5:00PM-6:00PM (Tennis)	
	1:00PM-2:00PM (Tennis)	3:00PM-4:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)		6:00PM-7:30PM (Tennis)
	2:00PM-3:00PM (Tennis)	4:00PM-5:00PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)		
	3:00PM-4:00PM (Tennis)	8:00PM-9:00PM (Tennis)	3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)		4:00PM-5:00PM (Tennis)	4:00PM-5:00PM (Tennis)	4:00PM-5:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)		5:00PM-6:00PM (Tennis)	8:00PM-9:00PM (Tennis)	5:00PM-6:00PM (Tennis)		
	7:00PM-8:00PM (Tennis)		7:00PM-8:00PM (Tennis)	9:00PM-10:30PM (Tennis)	6:00PM-7:00PM (Tennis)		
	8:00PM-9:00PM (Tennis)		8:00PM-9:00PM (Tennis)		7:00PM-8:00PM (Tennis)		
	9:00PM-10:30PM (Tennis)		9:00PM-10:30PM (Tennis)		8:00PM-9:00PM (Tennis)		
					9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 4	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	1:00PM-2:00PM (Tennis)
12:00PM-1:00PM (Tennis) 1:00PM-2:00PM (Tennis)	11:00AM-12:00PM (Tennis)	12:00PM-1:00PM (Tennis)	9:00AM-10:00AM (Tennis)	1:00PM-2:00PM (Tennis)	9:00AM-10:00AM (Tennis)	2:00PM-3:00PM (Tennis)	
	12:00PM-1:00PM (Tennis)	1:00PM-2:00PM (Tennis)	12:00PM-1:00PM (Tennis)	2:00PM-3:00PM (Tennis)	12:00PM-1:00PM (Tennis)	3:00PM-4:00PM (Tennis)	
	2:00PM-3:00PM (Tennis)	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	1:00PM-2:00PM (Tennis)	3:00PM-4:00PM (Tennis)	1:00PM-2:00PM (Tennis)	4:00PM-5:00PM (Tennis)
	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)	4:00PM-5:00PM (Tennis)	2:00PM-3:00PM (Tennis)	5:00PM-6:00PM (Tennis)
	4:00PM-5:00PM (Tennis)	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	3:00PM-4:00PM (Tennis)	5:00PM-6:00PM (Tennis)	3:00PM-4:00PM (Tennis)	6:00PM-7:30PM (Tennis)
	6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)	4:00PM-5:00PM (Tennis)	6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis)	
	7:00PM-8:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:00PM (Tennis)	5:00PM-6:00PM (Tennis)	7:00PM-8:00PM (Tennis)	5:00PM-6:00PM (Tennis)	
	8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis)	7:00PM-8:00PM (Tennis)	6:00PM-7:00PM (Tennis)	8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis)	
	9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis)	8:00PM-9:00PM (Tennis)	7:00PM-8:00PM (Tennis)	9:00PM-10:30PM (Tennis)		
		8:00PM-9:00PM (Tennis)	9:00PM-10:30PM (Tennis)	8:00PM-9:00PM (Tennis)			
		9:00PM-10:30PM (Tennis)		9:00PM-10:30PM (Tennis)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 2 Sign Up	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	3:00PM-4:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:30PM (Tennis)
1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	4:00PM-5:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)		
	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	5:00PM-6:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)		
	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	6:00PM-7:00PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)	7:00PM-8:00PM (Tennis)	3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)		
	5:00PM-6:00PM (Tennis)	6:00PM-7:00PM (Tennis)	8:00PM-9:00PM (Tennis)	4:00PM-5:00PM (Tennis)	4:00PM-5:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)	9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)	5:00PM-6:00PM (Tennis)	5:00PM-6:00PM (Tennis)		
	7:00PM-8:00PM (Tennis)			6:00PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)		
	8:00PM-9:00PM (Tennis)			7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)		
	9:00PM-10:30PM (Tennis)			8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)		
				9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 1 Sign Up	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	3:00PM-4:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:00PM (Tennis)
<u>ыўп ор</u>	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	7:00PM-8:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)	7:00PM-7:30PM (Tennis)
	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	8:00PM-9:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)		
	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	9:00PM-10:30PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)		3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)		
	5:00PM-6:00PM (Tennis)	6:00PM-7:00PM (Tennis)		4:00PM-5:00PM (Tennis)	4:00PM-5:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)	9:00PM-10:30PM (Tennis)		5:00PM-6:00PM (Tennis)	5:00PM-6:00PM (Tennis)		
	7:00PM-8:00PM (Tennis)			6:00PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)		
	8:00PM-9:00PM (Tennis)			7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)		
	9:00PM-10:30PM (Tennis)			8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)		
				9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 3 Sign Up	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
ідіі ор	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		6:00PM-7:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)					
		8:00PM-9:00PM (Pickleball)					
		9:00PM-10:00PM (Pickleball)					
eserve a Court ckleball Court 1	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
gn Up	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		6:00PM-7:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)					
		8:00PM-9:00PM (Pickleball)					
		9:00PM-10:00PM (Pickleball)					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 4 Sign Up	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
ідіі ор	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		6:00PM-7:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)					
		8:00PM-9:00PM (Pickleball)					
		9:00PM-10:00PM (Pickleball)					
eserve a Court ckleball Court 6	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
<u>gn Up</u>	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		6:00PM-7:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)					
		8:00PM-9:00PM (Pickleball)					
		9:00PM-10:00PM (Pickleball)					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 5 Sign Up	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
<u>ндп ор</u>	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		6:00PM-7:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)					
		8:00PM-9:00PM (Pickleball)					
		9:00PM-10:00PM (Pickleball)					
eserve a Court ckleball Court 2	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
gn Up	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	
	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	
	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	4:00PM-5:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	
		5:00PM-6:00PM (Pickleball)		9:00PM-10:00PM (Pickleball)		5:00PM-6:00PM (Pickleball)	
		6:00PM-7:00PM (Pickleball)				6:00PM-7:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)					
		8:00PM-9:00PM (Pickleball)					
		9:00PM-10:00PM (Pickleball)					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Mind Body Studio	1:00PM-1:50PM (Wellness Events) Virtual I.	1:00PM-1:50PM (Wellness Events) Virtual I.	11:30AM-12:20PM (Wellness Events) Virtual I.	11:30AM-12:20PM (Wellness Events) Virtual I.	11:30AM-12:20PM (Wellness Events) Virtual I.		
Reserve a Court Tennis Court 7	1:00PM-2:00PM (Tennis)	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	12:00PM-1:00PM (Tennis)	1:00PM-2:00PM (Tennis)
<u>iign Up</u>	2:00PM-3:00PM (Tennis)	1:00PM-2:00PM (Tennis)	12:00PM-1:00PM (Tennis)	11:00AM-12:00PM (Tennis)	12:00PM-1:00PM (Tennis)	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)
	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)	1:00PM-2:00PM (Tennis)	12:00PM-1:00PM (Tennis)	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)
	4:00PM-4:45PM (Tennis)	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)
		4:00PM-5:00PM (Tennis)	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)
			4:00PM-4:45PM (Tennis)	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:30PM (Tennis)
			6:15PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)	6:00PM-7:00PM (Tennis)	
			7:00PM-8:00PM (Tennis)	6:00PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)		
			8:00PM-9:00PM (Tennis)	7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)		
			9:00PM-10:30PM (Tennis)	8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)		
				9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 8	1:00PM-2:00PM (Tennis)	12:00PM-1:00PM (Tennis)	8:00AM-9:00AM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	1:00PM-2:00PM (Tennis)
2:00PM-3:00PM (Tennis)		1:00PM-2:00PM (Tennis)	11:00AM-12:00PM (Tennis)	11:00AM-12:00PM (Tennis)	12:00PM-1:00PM (Tennis)	10:00AM-11:00AM (Tennis)	2:00PM-3:00PM (Tennis)
	3:00PM-4:00PM (Tennis)	2:00PM-3:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	1:00PM-2:00PM (Tennis)	11:00AM-12:00PM (Tennis)	3:00PM-4:00PM (Tennis)
	4:00PM-4:45PM (Tennis)	3:00PM-4:00PM (Tennis)	1:00PM-2:00PM (Tennis)	1:00PM-2:00PM (Tennis)	2:00PM-3:00PM (Tennis)	12:00PM-1:00PM (Tennis)	4:00PM-5:00PM (Tennis)
		4:00PM-5:00PM (Tennis)	2:00PM-3:00PM (Tennis)	2:00PM-3:00PM (Tennis)	3:00PM-4:00PM (Tennis)	1:00PM-2:00PM (Tennis)	5:00PM-6:00PM (Tennis)
			3:00PM-4:00PM (Tennis)	3:00PM-4:00PM (Tennis)	4:00PM-5:00PM (Tennis)	2:00PM-3:00PM (Tennis)	6:00PM-7:30PM (Tennis)
			4:00PM-4:45PM (Tennis)	4:00PM-5:00PM (Tennis)	5:00PM-6:00PM (Tennis)	3:00PM-4:00PM (Tennis)	
			6:15PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)	6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis)	
			7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)	7:00PM-8:00PM (Tennis)	5:00PM-6:00PM (Tennis)	
			8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)	8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis)	
			9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)	9:00PM-10:30PM (Tennis)		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Tennis Court 3	1:00PM-2:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	8:00AM-9:00AM (Tennis)	11:30AM-12:00PM (Tennis)	5:00PM-6:00PM (Tennis)	5:00PM-6:00PM (Tennis)
<u>iign Up</u>	2:00PM-3:00PM (Tennis)	11:00AM-12:00PM (Tennis)	3:00PM-4:00PM (Tennis)	12:00PM-1:00PM (Tennis)	12:00PM-1:00PM (Tennis)	6:00PM-7:00PM (Tennis)	6:00PM-7:30PM (Tennis)
	3:00PM-4:00PM (Tennis)	1:00PM-2:00PM (Tennis)	4:00PM-5:00PM (Tennis)	1:00PM-2:00PM (Tennis)	5:00PM-6:00PM (Tennis)		
	4:00PM-5:00PM (Tennis)	2:00PM-3:00PM (Tennis)	5:00PM-6:00PM (Tennis)	2:00PM-3:00PM (Tennis)	7:00PM-8:00PM (Tennis)		
	5:00PM-6:00PM (Tennis)	3:00PM-4:00PM (Tennis)	6:00PM-7:00PM (Tennis)	3:00PM-4:00PM (Tennis)	8:00PM-9:00PM (Tennis)		
	6:00PM-7:00PM (Tennis)	4:00PM-5:00PM (Tennis)	7:00PM-8:00PM (Tennis)	4:00PM-5:00PM (Tennis)	9:00PM-10:30PM (Tennis)		
	7:00PM-8:00PM (Tennis)	5:00PM-6:00PM (Tennis)	8:00PM-9:00PM (Tennis)	5:00PM-6:00PM (Tennis)			
	8:00PM-9:00PM (Tennis)	6:00PM-7:00PM (Tennis)	9:00PM-10:30PM (Tennis)	6:00PM-7:00PM (Tennis)			
	9:00PM-10:30PM (Tennis)	7:00PM-8:00PM (Tennis)		7:00PM-8:00PM (Tennis)			
		8:00PM-9:00PM (Tennis)		8:00PM-9:00PM (Tennis)			
		9:00PM-10:30PM (Tennis)		9:00PM-10:30PM (Tennis)			
<b>dat Pilates</b> dain Group Ex Studio <u>sign Up</u>	4:00PM-4:50PM (Mind Body) Virtual I.	5:10AM-6:00AM (Mind Body) Virtual I.	4:00PM-4:50PM (Mind Body) Virtual I.	5:10AM-6:00AM (Mind Body) Virtual I.			
S Youth Performance Evaluation Basketball Court: Side A Gign Up	4:30PM-5:30PM (Athletic Performance)						
ES MILLS BODYCOMBAT™ Main Group Ex Studio Gign Up	5:00PM-6:00PM (Cardio & Dance) Matthew C.		5:00PM-6:00PM (Cardio & Dance) Veronica A.			8:00AM-9:00AM (Cardio & Dance) Matthew C.	
S Youth Athletic Performance: Speed & Agility Basketball Court: Side A	5:30PM-6:30PM (Athletic Performance)		5:30PM-7:30PM (Athletic Performance)				
Pickleball Open Play - evel 3.5 & Up rickleball Court 1-3	6:00PM-9:00PM (Pickleball)		6:00PM-9:00PM (Pickleball)				
Pickleball Open Play - Level 3.5 & Up Pickleball Courts 4-6	6:00PM-9:00PM (Pickleball)						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserved for Programming Pickleball Court 7&8	6:00PM-9:00PM (Pickleball)		6:00PM-9:00PM (Pickleball)				
LES MILLS BODYPUMP EXPRESS™ Main Group Ex Studio Sign Up	6:10PM-7:00PM (Strength & Endurance ) Stephanie H.		6:10PM-7:00PM (Strength & Endurance ) Denise R.				
Basketball Open Play 1/2 Court Basketball Court: Side B	6:30PM-10:30PM (Basketball)	7:30PM-10:30PM (Basketball)		6:30PM-10:30PM (Basketball)			
<b>Shoot-around</b> Basketball Court: Side A	6:30PM-10:30PM (Basketball)	6:30PM-10:30PM (Basketball)	6:00PM-10:45PM (Basketball)	6:30PM-10:30PM (Basketball)			4:00PM-8:00PM (Basketball)
DANCE FX Main Group Ex Studio Sign Up	7:10PM-8:00PM (Cardio & Dance) Stephanie H.					11:10AM-12:10PM (Cardio & Dance) Stephanie H.	
<b>Closed</b> All Tennis Courts	10:30PM-11:00PM (Tennis)						7:30PM-8:00PM (Tennis)
Yoga Flow Main Group Ex Studio Sign Up		6:10AM-7:00AM (Mind Body) Virtual I.		6:10AM-7:00AM (Mind Body) staff			
		4:00PM-4:50PM (Mind Body) Virtual I.		4:00PM-4:50PM (Mind Body) staff			
Closed for Group Exercise Basketball Court: Side B		8:00AM-8:45AM (Basketball)		8:00AM-8:45AM (Basketball)			
<b>Total Body Strength</b> Basketball Court: Side B Sign Up		8:10AM-8:55AM (Strength & Endurance ) Christopher R.		8:10AM-8:55AM (Strength & Endurance ) <i>Trish B.</i>			
<b>Yoga Flow</b> Mind Body Studio <u>Sign Up</u>		8:30AM-9:20AM (Mind Body) <i>Reisa D.</i>		8:30AM-9:20AM (Mind Body) <i>Reisa D.</i>			2:30PM-3:30PM (Mind Body) <i>Lyn L.</i>
Reserved for Programming Tennis Court 1		9:00AM-10:00AM (Tennis)		9:00AM-10:00AM (Tennis)			
Terrins Court 1		10:00AM-11:00AM (Tennis)		10:00AM-11:00AM (Tennis)			
Reserved for Programming		9:00AM-10:00AM (Tennis)		9:00AM-10:00AM (Tennis)			
Tennis Court 2		10:00AM-11:00AM (Tennis)		10:00AM-11:00AM (Tennis)			
		7:00PM-9:00PM (Tennis)					
Pickleball Leagues Pickleball Courts 1-6		9:00AM-11:00AM (Pickleball)		9:00AM-11:00AM (Pickleball)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYBALANCE™ Main Group Ex Studio Sign Up		9:30AM-10:20AM (Mind Body) Robin S.		9:30AM-10:20AM (Mind Body) Robin S.			
Stretch FX Mind Body Studio Sign Up		10:30AM-11:20AM (Mind Body) Cheryl O.		10:30AM-11:20AM (Mind Body) <i>Cheryl O.</i>		11:05AM-11:55AM (Mind Body) Cheryl O.	
ForeverWell Balance Main Group Ex Studio Sign Up		10:30AM-11:20AM (Foreverwell) <i>Trish B</i> .		10:30AM-11:20AM (Foreverwell) Loyda C.			
ForeverWell Circuit Main Group Ex Studio Sign Up		11:30AM-12:10PM (Foreverwell) Miguel N.					
AQUA ZUMBA® Outdoor Pool Sign Up		4:00PM-5:00PM (Aqua Group Exercise) Anabel (.			4:00PM-5:00PM (Aqua Group Exercise) Anabel (.		
Kids Fit Basketball Court: Side A Sign Up		4:30PM-5:30PM (Kids Club On The Move) Brian S.		4:30PM-5:30PM (Kids Club On The Move) Laura A.			
<b>\$ Juniors Clinics</b> Racquetball Court 5		5:00PM-6:00PM (Racquetball)		5:00PM-6:00PM (Racquetball)			
<b>\$ Juniors Clinics</b> Racquetball Court 4		5:00PM-6:00PM (Racquetball)		5:00PM-6:00PM (Racquetball)			
Reserve a Court Pickleball 7 Sign Up		5:00PM-6:00PM (Pickleball)		12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
Signisp		6:00PM-7:00PM (Pickleball)		1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)		2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)	
		8:00PM-9:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)	
		9:00PM-10:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	6:00PM-7:00PM (Pickleball)	
				5:00PM-6:00PM (Pickleball)			
				9:00PM-10:00PM (Pickleball)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball Court 8		5:00PM-6:00PM (Pickleball)		12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	
Sign Up		6:00PM-7:00PM (Pickleball)		1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	
		7:00PM-8:00PM (Pickleball)		2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)	
		8:00PM-9:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)	
		9:00PM-10:00PM (Pickleball)		4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	6:00PM-7:00PM (Pickleball)	
				5:00PM-6:00PM (Pickleball)			
				9:00PM-10:00PM (Pickleball)			
Closed for Youth & Family Programming Basketball Court: Side A		5:30PM-6:30PM (Basketball)		4:30PM-5:30PM (Basketball)			
Basketball Court: Side A				5:30PM-6:30PM (Basketball)			
\$ Youth Athletic Performance: Basketball Skills: Basketball Court: Side B Sign Up		5:30PM-7:30PM (Athletic Performance) <i>Brian S.</i>					
Kids Pickleball Open Play Lower Pickleball Courts Sign Up		5:30PM-6:30PM (Kids Club On The Move)		5:30PM-6:30PM (Kids Club On The Move)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reserve a Court Pickleball 10 Sign Up		6:00PM-7:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)
<u>ngn op</u>		7:00PM-8:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)
		8:00PM-9:00PM (Pickleball)		2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)
		9:00PM-10:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)
				4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	6:00PM-7:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)
				5:00PM-6:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)		
				6:00PM-7:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)		
				7:00PM-8:00PM (Pickleball)	8:00PM-9:00PM (Pickleball)		
				8:00PM-9:00PM (Pickleball)			
				9:00PM-10:00PM (Pickleball)			
eserve a Court ckleball Court 9		6:00PM-7:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	12:30PM-1:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)
gn Up		7:00PM-8:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	1:00PM-2:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)
		8:00PM-9:00PM (Pickleball)		2:00PM-3:00PM (Pickleball)	2:00PM-3:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)
		9:00PM-10:00PM (Pickleball)		3:00PM-4:00PM (Pickleball)	3:00PM-4:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)	4:00PM-5:00PM (Pickleball)
				4:00PM-5:00PM (Pickleball)	4:00PM-5:30PM (Pickleball)	6:00PM-7:00PM (Pickleball)	5:00PM-6:00PM (Pickleball)
				5:00PM-6:00PM (Pickleball)	6:00PM-7:00PM (Pickleball)		
				6:00PM-7:00PM (Pickleball)	7:00PM-8:00PM (Pickleball)		
				7:00PM-8:00PM (Pickleball)	8:00PM-9:00PM (Pickleball)		
				8:00PM-9:00PM (Pickleball)			
				9:00PM-10:00PM (Pickleball)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Step FX Main Group Ex Studio Sign Up		7:10PM-8:00PM (Cardio & Dance) Beth B.		7:10PM-8:00PM (Cardio & Dance) Beth B.			
Basketball Court Closed Basketball Court: Side A			7:00AM-6:00PM (Basketball)	7:00AM-6:00PM (Basketball)	7:00AM-6:00PM (Basketball)		
Pickleball Open Play Pickleball Courts 1-10			8:30AM-12:00PM (Pickleball)		8:30AM-12:30PM (Pickleball)	8:30AM-12:30PM (Pickleball)	
<b>\$ Adult NTRP 3.0-4.0</b> Tennis Court 5			6:00PM-7:00PM (Tennis)				
Pickleball Open Play - Level 3.5 & Under Pickleball Courts 4-6			6:00PM-9:00PM (Pickleball)				
Tai Chi Mind Body Studio Sign Up				9:30AM-10:15AM (Mind Body) Debra C.		10:05AM-10:55AM (Mind Body) <i>Debra C.</i>	
SilverSneakers® Circuit Main Group Ex Studio Sign Up				11:30AM-12:20PM (Foreverwell) Loyda C.			
Reserved for Programming Main Group Ex Studio				1:00PM-2:00PM (Wellness Events) Virtual I.	12:30PM-1:30PM (Wellness Events) Virtual I.		
Aqua Tai Chi Outdoor Pool Sign Up				4:00PM-4:45PM (Aqua Group Exercise) <i>Lyn L</i> .	7:00PM-7:45PM (Aqua Group Exercise) <i>Lyn L</i> .		
<b>\$ Under 10 Clinic</b> Tennis Court 7				5:00PM-6:00PM (Tennis)			
<b>\$ Under 10 Clinic</b> Tennis Court 8				5:00PM-6:00PM (Tennis)			
\$ Youth Athletic Performance: Speed & Agility Basketball Court: Side B Sign Up				5:30PM-6:30PM (Athletic Performance) <i>Miguel N.</i>			
Reserved for Senior League Tennis Court 7					9:00AM-10:30AM (Tennis)		
\$ Youth Athletic Performance: Volleyball Skills Basketball Court - Full Court					6:00PM-8:00PM (Athletic Performance)		1:00PM-4:00PM (Athletic Performance)
Basketball Court Closed Basketball Court - Full Court					6:00PM-11:00PM (Basketball)		7:45PM-8:00PM (Basketball)
Closed for Programming Basketball Court - Full Court						7:00AM-8:00PM (Basketball)	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Foundations Mind Body Studio Sign Up						9:05AM-9:55AM (Mind Body) Beth B.	
						6:05PM-6:55PM (Mind Body) <i>Laura A</i> .	
Family Gym Basketball Court: Side B Sign Up							4:00PM-5:00PM (Basketball)
<u>Sign O</u> μ							5:00PM-6:00PM (Basketball)
							6:00PM-7:00PM (Basketball)
							7:00PM-7:45PM (Basketball)
Closed Tennis Court 1							7:30PM-8:00PM (Tennis)
Closed Tennis Court 2							7:30PM-8:00PM (Tennis)
Closed Tennis Court 3							7:30PM-8:00PM (Tennis)



## Schertz Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (2 lanes) Lap Pool	5:00AM-6:00AM (Aquatics)	5:00AM-6:00AM (Aquatics)	5:00AM-6:00AM (Aquatics)	5:00AM-6:00AM (Aquatics)	5:00AM-6:00AM (Aquatics)	7:00AM-8:00AM (Aquatics)	
	6:00AM-7:00AM (Aquatics)	6:00AM-7:00AM (Aquatics)	6:00AM-7:00AM (Aquatics)	6:00AM-7:00AM (Aquatics)	6:00AM-7:00AM (Aquatics)		
	7:00AM-8:00AM (Aquatics)	7:00AM-8:00AM (Aquatics)	7:00AM-8:00AM (Aquatics)	7:00AM-8:00AM (Aquatics)	7:00AM-8:00AM (Aquatics)		
	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)		
	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)		
	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)		
			5:00PM-6:00PM (Aquatics)		7:00PM-8:00PM (Aquatics)		
			6:00PM-7:00PM (Aquatics)				
LES MILLS BODYPUMP™ Main Studio Sign Up	5:05AM-6:00AM (Strength & Endurance ) Jeanette G.	6:15AM-7:10AM (Strength & Endurance ) Rachel H.	5:05AM-6:00AM (Strength & Endurance ) Jeanette G.	6:15AM-7:10AM (Strength & Endurance ) Rachel H.	9:30AM-10:25AM (Strength & Endurance ) Chenille F.	9:00AM-9:55AM (Strength & Endurance ) Shannon C.	
	9:25AM-10:30AM (Strength & Endurance ) Erin A.	5:50PM-6:45PM (Strength & Endurance ) Stephanie H.	9:25AM-10:30AM (Strength & Endurance ) Lindsey G.	5:50PM-6:45PM (Strength & Endurance ) Stephanie H.	5:30PM-6:25PM (Strength & Endurance ) Erin A.		
	5:30PM-6:25PM (Strength & Endurance ) Lindsey G.		5:30PM-6:25PM (Strength & Endurance ) <i>Lindsey G.</i>				
Closed for Group Exercise	5:15AM-6:00AM (Basketball)		5:15AM-6:00AM (Basketball)		9:35AM-10:30AM (Basketball)		
Basketball Court	9:35AM-10:30AM (Basketball)		9:35AM-10:30AM (Basketball)				
<b>Y-Fit</b> Basketball Court <u>Sign Up</u>	5:15AM-5:50AM (Strength & Endurance ) Lindsey G.		5:15AM-5:50AM (Strength & Endurance ) Melissa R.				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Shoot-around</b> Basketball Court	6:00AM-9:00AM (Basketball)	5:00AM-7:00AM (Basketball)	6:00AM-9:00AM (Basketball)	5:00AM-7:00AM (Basketball)	5:00AM-9:00AM (Basketball)	7:00AM-7:30PM (Basketball)	1:00PM-7:30PM (Basketball)
	2:00PM-10:30PM (Basketball)	2:00PM-5:30PM (Basketball)	2:00PM-6:00PM (Basketball)	2:00PM-5:30PM (Basketball)	2:00PM-8:30PM (Basketball)		
		9:00PM-10:30PM (Basketball)	10:00PM-10:30PM (Basketball)	9:00PM-10:30PM (Basketball)			
DANCE FX Main Studio Sign Up	7:00AM-7:55AM (Cardio & Dance) Virtual		7:00AM-7:55AM (Cardio & Dance) Virtual				
Family Swim Leisure Pool	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)		
	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)		
	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)		
	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)		
	1:00PM-2:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)		
	2:00PM-3:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)		
	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)		
	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)		
	5:00PM-6:00PM (Aquatics)	5:00PM-6:00PM (Aquatics)	5:00PM-6:00PM (Aquatics)	5:00PM-6:00PM (Aquatics)	5:00PM-6:00PM (Aquatics)		
	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)	6:00PM-7:00PM (Aquatics)		
	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)		
ForeverWell Total Body Studio 2 Sign Up	8:00AM-8:55AM (Foreverwell) Sandy V.			11:15AM-12:10PM (Foreverwell) Jane H.	8:00AM-8:55AM (Foreverwell) Jane H.		
<b>Mat Pilates</b> Main Studio Sign Up	8:15AM-9:10AM (Mind Body) Virtual		8:15AM-9:10AM (Mind Body) <i>Kimberly L.</i>				
<del>-</del>			6:35PM-7:30PM (Mind Body) <i>Gwen D.</i>				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CANCELED: Cycle Cycle Studio Sign Up	8:30AM-9:25AM (Cycle) Liberty C.						
<b>Lap Swim (4 lanes)</b> Lap Pool	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	11:00AM-12:00PM (Aquatics)	
	8:00PM-9:00PM (Aquatics)		8:00PM-9:00PM (Aquatics)			1:00PM-2:00PM (Aquatics)	
Closed for Aqua Class Leisure Pool	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)		
ForeverWell Barre Studio 2 Sign Up	9:10AM-10:05AM (Foreverwell) Jane H.				10:15AM-11:10AM (Foreverwell) Jane H.		
<b>Aqua Fit</b> Lap Pool <u>Sign Up</u>	9:15AM-10:00AM (Aqua Group Exercise) Debbye G.		1:15PM-2:00PM (Aqua Group Exercise) <i>Nikki F.</i>	9:15AM-10:00AM (Aqua Group Exercise) Jane H.	9:15AM-10:00AM (Aqua Group Exercise) <i>Edna M.</i>		
	1:15PM-2:00PM (Aqua Group Exercise) Jennifer F.			6:30PM-7:15PM (Aqua Group Exercise) <i>Karen W.</i>			
<b>Aqua Fit</b> Leisure Pool <u>Sign Up</u>	9:15AM-10:00AM (Aqua Group Exercise) Debbye G.			9:15AM-10:00AM (Aqua Group Exercise) Jane H.	9:15AM-10:00AM (Aqua Group Exercise) <i>Edna M.</i>		
	1:15PM-2:00PM (Aqua Group Exercise) Jennifer F.						
TRX® HIIT Wellness Floor Sign Up	9:30AM-10:25AM (Strength & Endurance ) <i>Lindsey G.</i>			8:30AM-9:25AM (Strength & Endurance ) <i>Lindsey G.</i>			
ZUMBA ® Basketball Court Sign Up	9:35AM-10:30AM (Cardio & Dance) Andrea H.		9:35AM-10:30AM (Cardio & Dance) Sothy N.		9:35AM-10:30AM (Cardio & Dance) <i>Jenii P.</i>		
<b>Lap Swim (8 Ianes)</b> Lap Pool	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	10:00AM-11:00AM (Aquatics)	12:00PM-1:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)
	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	11:00AM-12:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)
	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	12:00PM-1:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)	3:00PM-4:00PM (Aquatics)
	2:00PM-3:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)	1:00PM-2:00PM (Aquatics)		4:00PM-5:00PM (Aquatics)
		2:00PM-3:00PM (Aquatics)		2:00PM-3:00PM (Aquatics)	2:00PM-3:00PM (Aquatics)		
		8:00PM-9:00PM (Aquatics)		8:00PM-9:00PM (Aquatics)			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers® Circuit Studio 2 Sign Up	10:15AM-11:10AM (Foreverwell) Jane H.						
Closed for Programming Basketball Court	10:30AM-2:00PM (Basketball)	9:00AM-2:00PM (Basketball)	10:30AM-2:00PM (Basketball)	10:30AM-2:00PM (Basketball)	10:30AM-2:00PM (Basketball)	8:30PM-4:00PM (Basketball)	
Yoga Restore Main Studio <u>Sign Up</u>	10:35AM-11:30AM (Mind Body) Virtual		10:35AM-11:30AM (Mind Body) Ashley S.	10:35AM-11:30AM (Mind Body) Holly M.			
ForeverWell Balance Studio 2 Sign Up	11:25AM-12:15PM (Foreverwell) Edna M.		11:10AM-12:05PM (Foreverwell) Nikki F.		11:25AM-12:20PM (Foreverwell) <i>Nikki F.</i>		
Lap Swim (5 lanes) Lap Pool	1:00PM-2:00PM (Aquatics)		1:00PM-2:00PM (Aquatics)				
HIIT FX Main Studio Sign Up	4:30PM-5:15PM (Strength & Endurance ) Kallie G.		4:30PM-5:15PM (Strength & Endurance ) Kallie G.				
Lap Swim (1 lane) Lap Pool	5:00PM-6:00PM (Aquatics) 6:00PM-7:00PM (Aquatics)	5:00PM-6:00PM (Aquatics)		5:00PM-6:00PM (Aquatics)	5:00PM-6:00PM (Aquatics) 6:00PM-7:00PM (Aquatics)	10:00AM-12:00PM (Aquatics)	
ZUMBA ® Studio 2 Sign Up	6:00PM-6:55PM (Cardio & Dance) Jennifer F.						
<b>Cycle</b> Cycle Studio Sign Up	6:30PM-7:25PM (Cycle) Jo P.	5:15AM-6:10AM (Cycle) Mary F. 8:30AM-9:25AM (Cycle) Rachel H. 6:00PM-6:55PM (Cycle) Liberty C.	6:00PM-6:55PM (Cycle) Goodie G.	5:15AM-6:10AM (Cycle) Mary F. 8:30AM-9:25AM (Cycle) Rachel H. 6:00PM-6:55PM (Cycle) Liberty C.	8:30AM-9:25AM (Cycle) Chenille F.	8:30AM-10:00AM (Cycle) Jennifer H.	
Reserved for Programming Lap Pool	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)	7:00PM-8:00PM (Aquatics)		8:00AM-9:00AM (Aquatics) 9:00AM-10:00AM (Aquatics)	
Basketball Court Closed Basketball Court	10:30PM-11:00PM (Basketball)	10:30PM-11:00PM (Basketball)	10:30PM-11:00PM (Basketball)	10:30PM-11:00PM (Basketball)	8:30PM-9:00PM (Basketball)	7:30PM-8:00PM (Basketball)	7:30PM-8:00PM (Basketball)
<b>Y Walk</b> Basketball Court		7:00AM-8:30AM (Other Activities)		7:00AM-8:30AM (Other Activities)			
Core FX Main Studio Sign Up		7:20AM-7:50AM (Strength & Endurance ) Rachel H.		7:20AM-7:50AM (Strength & Endurance ) Rachel H.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYCOMBAT™ Main Studio Sign Up		8:30AM-9:25AM (Cardio & Dance) <i>Nicci H.</i>		8:30AM-9:25AM (Cardio & Dance) <i>Nicci H</i> .			
Tai Chi Studio 2 Sign Up		9:00AM-9:45AM (Mind Body) Donald B.		9:00AM-9:45AM (Mind Body) Donald B.			
AQUA ZUMBA® Lap Pool Sign Up		9:15AM-10:00AM (Aqua Group Exercise) Jennifer F.	9:15AM-10:00AM (Aqua Group Exercise) Jennifer F.			10:15AM-11:00AM (Aqua Group Exercise) Jennifer F.	
		6:30PM-7:15PM (Aqua Group Exercise) <i>Laura H.</i>					
AQUA ZUMBA® Leisure Pool Sign Up		9:15AM-10:00AM (Aqua Group Exercise) <i>Jennifer F.</i>	9:15AM-10:00AM (Aqua Group Exercise) Jennifer F.				
ZUMBA ® Main Studio Sign Up		9:35AM-10:30AM (Cardio & Dance) Leslie C.		9:35AM-10:30AM (Cardio & Dance) Leslie C.			
		6:50PM-7:45PM (Cardio & Dance) Stephanie H.		6:50PM-7:45PM (Cardio & Dance) Stephanie H.			
ZUMBA® GOLD Studio 2 Sign Up		10:00AM-10:45AM (Foreverwell) <i>Jenii P.</i>					
ForeverWell Total Body Main Studio Sign Up		11:00AM-11:45AM (Foreverwell) Sandy V.					
LES MILLS BODYBALANCE™ Main Studio		12:00PM-12:55PM (Mind Body) Courtney E.			5:05AM-6:00AM (Mind Body) <i>Nikki C.</i>		
Sign Up					10:35AM-11:30AM (Mind Body) <i>Norma S.</i>		
Row Circuit Main Studio Sign Up		4:30PM-5:25PM (Strength & Endurance ) <i>Lindsey G.</i>		4:30PM-5:25PM (Strength & Endurance ) Lindsey G.	8:15AM-9:10AM (Strength & Endurance ) Lindsey G.		
Closed for YMCA Sports Basketball Court		5:30PM-9:00PM (Basketball)		5:30PM-9:00PM (Basketball)			
Closed for Aqua Class Lap Pool		6:00PM-7:00PM (Aquatics)		6:00PM-7:00PM (Aquatics)			
Mat Pilates Studio 2 Sign Up		6:00PM-6:55PM (Mind Body) <i>Kimberly L</i> .					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core FX Main Studio Sign Up		7:55PM-8:15PM (Core & Balance) Virtual		7:55PM-8:15PM (Core & Balance) Virtual			
ForeverWell Chair Yoga Studio 2 Sign Up			9:00AM-9:45AM (Foreverwell) Liz G.		9:10AM-10:05AM (Foreverwell) <i>Liz G.</i>		
Silver & Fit® Studio 2 Sign Up			10:00AM-10:55AM (Foreverwell) Edna M.				
Pickleball Open Play Basketball Court			6:00PM-10:00PM (Pickleball)				
			6:00PM-10:00PM (Pickleball)				
1/2 Pool Open Swim Leisure Pool						8:00AM-9:00AM (Aquatics)	1:00PM-2:00PM (Aquatics)
						9:00AM-10:00AM (Aquatics)	2:00PM-3:00PM (Aquatics)
						10:00AM-11:00AM (Aquatics)	3:00PM-4:00PM (Aquatics)
						11:00AM-12:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)
						12:00PM-1:00PM (Aquatics)	
						1:00PM-2:00PM (Aquatics)	
						2:00PM-3:00PM (Aquatics)	
						3:00PM-4:00PM (Aquatics)	
TRX® Fundamentals Wellness Floor Sign Up						8:30AM-9:25AM (Strength & Endurance ) <i>Lindsey G.</i>	
Tai Chi Main Studio Sign Up						10:05AM-11:00AM (Mind Body) Donald B.	



## Mays Family YMCA at Potranco | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim (4 lanes) Large Pool	5:00AM-5:50AM (Aquatics)	5:00AM-5:50AM (Aquatics)	5:00AM-5:50AM (Aquatics)	5:00AM-5:50AM (Aquatics)	5:00AM-5:50AM (Aquatics)	3:00PM-3:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)
	6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)	4:00PM-4:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)
	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)		
	1:00PM-1:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)		
	2:00PM-2:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)	2:00PM-2:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)		
	3:00PM-3:50PM (Aquatics)	6:00PM-6:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)	6:00PM-6:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)		
	8:00PM-8:50PM (Aquatics)	7:00PM-7:50PM (Aquatics)	8:00PM-8:50PM (Aquatics)	7:00PM-7:50PM (Aquatics)	6:00PM-6:50PM (Aquatics)		
		8:00PM-8:50PM (Aquatics)		8:00PM-8:50PM (Aquatics)	7:00PM-7:50PM (Aquatics)		
					8:00PM-8:50PM (Aquatics)		
Boot Camp Studio 1 Sign Up	5:00AM-5:50AM (Strength & Endurance ) Josie S.						
Shoot-around Basketball Court	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)	6:00AM-8:45AM (Basketball)		
Mat Pilates Studio 1 Sign Up	6:00AM-6:50AM (Mind Body) Virtual	5:00PM-5:50PM (Mind Body) Virtual	6:00AM-6:45AM (Mind Body) Virtual		6:00AM-6:45AM (Mind Body) Virtual		
					8:00AM-8:30AM (Mind Body) Virtual		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CANCELED: Adult Swim Small Pool	6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)					
	7:00AM-7:50AM (Aquatics)	7:00AM-7:50AM (Aquatics)					
	10:00AM-10:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)					
	11:00AM-11:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)					
		11:00AM-11:50AM (Aquatics)					
Lap Swim (1 lane) Large Pool	7:00AM-7:50AM (Aquatics)		7:00AM-7:50AM (Aquatics)				
	4:00PM-4:50PM (Aquatics)		4:00PM-4:50PM (Aquatics)				
	5:00PM-5:50PM (Aquatics)		5:00PM-5:50PM (Aquatics)				
Lap Swim (2 lanes) Large Pool	8:00AM-8:50AM (Aquatics)	7:00AM-7:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	7:00AM-7:50AM (Aquatics)	7:00AM-7:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	
	10:00AM-10:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	9:00AM-9:50AM (Aquatics)	
	11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	
		10:00AM-10:50AM (Aquatics)		10:00AM-10:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	
		11:00AM-11:50AM (Aquatics)		11:00AM-11:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	1:00PM-1:50PM (Aquatics)	
						2:00PM-2:50PM (Aquatics)	
CANCELED: Aqua Volleyball Small Pool Sign Up	8:00AM-8:50AM (Aquatics)	9:00AM-9:50AM (Aquatics)					
Closed for Group Exercise Basketball Court	8:45AM-10:00AM (Basketball)	8:45AM-11:00AM (Basketball)		8:45AM-10:00AM (Basketball)	10:00AM-11:00AM (Basketball)		
SilverSneakers® Circuit Studio 1 Sign Up	8:45AM-9:35AM (Foreverwell) Lourdes I.						
Boot Camp Studio 2 Sign Up	8:45AM-9:35AM (Strength & Endurance ) Andreu O.	8:45AM-9:35AM (Strength & Endurance ) <i>Tia C.</i>	8:45AM-9:35AM (Strength & Endurance ) Christian W.	8:45AM-9:35AM (Strength & Endurance ) <i>Tia C.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CANCELED: AQUA ZUMBA® Small Pool Sign Up	9:00AM-9:50AM (Aqua Group Exercise) <i>Michelle D.</i>	8:00PM-8:50PM (Aqua Group Exercise) Anabel (.					
ZUMBA ® Basketball Court Sign Up	9:00AM-9:50AM (Cardio & Dance) <i>Maria B.</i>	10:00AM-10:50AM (Cardio & Dance) Jozy S.		9:00AM-9:50AM (Cardio & Dance) Jozy S.			
AQUA ZUMBA® Large Pool Sign Up	9:00AM-9:50AM (Aqua Group Exercise) <i>Michelle D.</i>				9:00AM-9:50AM (Aqua Group Exercise) <i>Cindy A</i> .		
Yoga Restore Studio 2 Sign Up	9:45AM-10:35AM (Mind Body) Andreu O.			6:00PM-6:50PM (Mind Body) Michelle N.			
Reps FX Studio 1 Sign Up	9:45AM-10:35AM (Strength & Endurance ) <i>Kari T.</i>	6:00PM-6:50PM (Strength & Endurance ) <i>Kari T.</i>			9:45AM-10:35AM (Strength & Endurance ) Carolyn W.		
Closed for Youth & Family Programming Basketball Court	10:00AM-1:00PM (Basketball) 5:00PM-7:00PM (Basketball)	11:00AM-1:00PM (Basketball)	8:45AM-1:00PM (Basketball)	10:00AM-1:00PM (Basketball) 5:00PM-7:00PM (Basketball)	8:45AM-10:00AM (Basketball) 11:00AM-1:00PM (Basketball)	8:00AM-2:00PM (Basketball)	
Yoga Strength Studio 2 Sign Up	10:45AM-11:35AM (Mind Body) <i>Michelle N.</i>	6:00PM-6:50PM (Mind Body) Elizabeth K.	10:45AM-11:35AM (Mind Body) Heather H.			11:45AM-12:35PM (Mind Body) Andreu O.	
Step FX Studio 1 Sign Up	10:45AM-11:35AM (Cardio & Dance) <i>Kari T.</i>				6:00PM-6:50PM (Cardio & Dance) <i>Kari T.</i>		
CANCELED: Reserved for Programming Small Pool	11:00AM-11:50AM (Aquatics)						
	4:00PM-4:50PM (Aquatics)						
	5:00PM-5:50PM (Aquatics)						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CANCELED: Family Swim Small Pool	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)					
	1:00PM-1:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)					
	2:00PM-2:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)					
	3:00PM-3:50PM (Aquatics)	6:00PM-6:50PM (Aquatics)					
	6:00PM-6:50PM (Aquatics)						
	7:00PM-7:50PM (Aquatics)						
Basketball Open Play 1/2 Court Basketball Court	1:00PM-5:00PM (Basketball)			7:00PM-8:00PM (Basketball)	1:00PM-5:00PM (Basketball)		
Dasketball Coult	7:00PM-8:00PM (Basketball)						
Reserved for Programming	4:00PM-4:50PM (Aquatics)		4:00PM-4:50PM (Aquatics)			8:00AM-8:50AM (Aquatics)	
Large Pool	5:00PM-5:50PM (Aquatics)		5:00PM-5:50PM (Aquatics)			9:00AM-9:50AM (Aquatics)	
	6:00PM-6:50PM (Aquatics)		6:00PM-6:50PM (Aquatics)			10:00AM-10:50AM (Aquatics)	
	7:00PM-7:50PM (Aquatics)		7:00PM-7:50PM (Aquatics)			11:00AM-11:50PM (Aquatics)	
Barre Studio 1 Sign Up	5:00PM-5:35PM (Mind Body) Virtual						
LES MILLS BODYPUMP™ Studio 1 Sign Up	5:45PM-6:45PM (Strength & Endurance ) Josie S.	6:30AM-7:20AM (Strength & Endurance ) Katelyn V.	9:45AM-10:35AM (Strength & Endurance ) Josie S.	6:30AM-7:20AM (Strength & Endurance ) Katelyn V.	5:00AM-5:50AM (Strength & Endurance ) Josie S.	8:30AM-9:30AM (Strength & Endurance ) Josie S.	3:00PM-4:00PM (Strength & Endurance ) Josie S.
			7:00PM-7:50PM (Strength & Endurance ) Josie S.	5:45PM-6:45PM (Strength & Endurance ) Katelyn V.			
LES MILLS BODYCOMBAT™ Studio 1 Sign Up	7:00PM-7:50PM (Cardio & Dance) Brian J.					10:30AM-11:20AM (Cardio & Dance) Brian J.	1:30PM-2:30PM (Cardio & Dance) Cheryl P.
Full Court Play (13yrs+) Basketball Court	8:00PM-10:45PM (Basketball)		8:00PM-10:45PM (Basketball)	8:00PM-10:45PM (Basketball)			3:00PM-7:45PM (Basketball)
CANCELED: Aqua Fit Small Pool Sign Up	8:00PM-8:50PM (Aqua Group Exercise) <i>Alexis R</i> .						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga Flow Studio 1 Sign Up		5:00AM-5:50AM (Mind Body) Virtual	5:00PM-5:50PM (Mind Body) <i>Michelle N.</i>				
WERQ Studio 1 Sign Up		8:45AM-9:35AM (Cardio & Dance) Danita G.		8:45AM-9:35AM (Cardio & Dance) Danita G.			
ZUMBA® GOLD Basketball Court Sign Up		9:00AM-9:50AM (Foreverwell) Katelyn V.					
SilverSneakers® Boom Muscle Studio 2 Sign Up		9:45AM-10:35AM (Foreverwell) Lourdes I.					
Barre Pilates Fusion Studio 1 Sign Up		9:45AM-10:35AM (Mind Body) Heather H.					
GilverSneakers® Boom Muscle Studio 1 Gign Up		10:45AM-11:35AM (Foreverwell) Lourdes I.		10:45AM-11:35AM (Foreverwell) Lourdes I.			
ES MILLS BODYCOMBAT™ itudio 2 ign Up		10:45AM-11:45AM (Cardio & Dance) Cheryl P.		7:00PM-7:50PM (Cardio & Dance) Cheryl P.			
SilverSneakers® YOGA Studio 1 Sign Up		11:45AM-12:35PM (Foreverwell) Lourdes I.					
Closed for Programming Basketball Court		1:00PM-5:00PM (Basketball)		1:00PM-5:00PM (Basketball)			
Family Gym - Half Court Basketball Court		5:00PM-8:00PM (Basketball)	5:00PM-8:00PM (Basketball)		5:00PM-7:00PM (Basketball)		
ZUMBA ® Studio 1 Sign Up		7:00PM-7:50PM (Cardio & Dance) <i>Michelle D.</i>		7:00PM-7:50PM (Cardio & Dance) Kimberly P.			
Family Volleyball (7+) Basketball Court		8:00PM-9:00PM (Volleyball)			7:00PM-8:30PM (Volleyball)		
Adult Volleyball (13+) Basketball Court		9:00PM-10:45PM (Volleyball)			8:30PM-10:45PM (Volleyball)		
Cycle Studio 1 Sign Up			5:00AM-5:50AM (Cycle) Josie S.		5:00PM-5:50PM (Cycle) Josie S.		
			6:00PM-6:50PM (Cycle) <i>Josie S</i> .				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim Small Pool			6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)	6:00AM-6:50AM (Aquatics)		
			7:00AM-7:50AM (Aquatics)	7:00AM-7:50AM (Aquatics)	7:00AM-7:50AM (Aquatics)		
			8:00AM-8:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)		
			10:00AM-10:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)		
			11:00AM-11:50AM (Aquatics)		11:00AM-11:50AM (Aquatics)		
SilverSneakers® Classic Studio 1 Sign Up			8:45AM-9:35AM (Foreverwell) Lourdes I.	11:45AM-12:35PM (Foreverwell) Lourdes I.			
Aqua Combat Small Pool Sign Up			9:00AM-9:50AM (Aqua Group Exercise) Cindy A.				
Aqua Combat Large Pool Sign Up			9:00AM-9:50AM (Aqua Group Exercise) Cindy A.				
Yoga Flow Studio 2 Sign Up			9:45AM-10:35AM (Mind Body) Andreu O.				
Core FX Studio 1 Sign Up			10:40AM-11:05AM (Strength & Endurance ) Josie S.		10:40AM-11:05AM (Strength & Endurance ) Carolyn W.		
Reserved for Programming Small Pool			11:00AM-11:50AM (Aquatics)				
Sitiali i Joi			4:00PM-4:50PM (Aquatics)				
			5:00PM-5:50PM (Aquatics)				
Stretch FX Studio 1 Sign Up			11:10AM-11:35AM (Mind Body) Josie S.		11:10AM-11:35AM (Mind Body) Carolyn W.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swim Small Pool			12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)	12:00PM-12:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)
			1:00PM-1:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)	2:00PM-2:50PM (Aquatics)
			2:00PM-2:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)	5:00PM-5:50PM (Aquatics)	2:00PM-2:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)
			3:00PM-3:50PM (Aquatics)	6:00PM-6:50PM (Aquatics)	6:00PM-6:50PM (Aquatics)	3:00PM-3:50PM (Aquatics)	4:00PM-4:50PM (Aquatics)
			6:00PM-6:50PM (Aquatics)			4:00PM-4:50PM (Aquatics)	
Family Gym Basketball Court			1:00PM-5:00PM (Basketball)				1:00PM-3:00PM (Basketball)
Yoga Pelvic Floor 101 Studio 2 Sign Up			7:05PM-7:55PM (Mind Body) Gabby Z.				
Aqua Fit Small Pool Sign Up			8:00PM-8:50PM (Aqua Group Exercise) <i>Alexis R</i> .	8:00PM-8:50PM (Aqua Group Exercise) Anabel (.			
Yoga Strength Studio 1 Sign Up				5:05AM-5:50AM (Mind Body) Virtual			
Aqua Volleyball Small Pool				8:00AM-8:50AM (Aquatics)			
Sign Up				9:00AM-9:50AM (Aquatics)			
				7:00PM-7:50PM (Aquatics)			
Barre Studio 2 Sign Up				9:45AM-10:35AM (Mind Body) <i>Miryam M</i> .			
Surge Strength Studio 1 Sign Up				9:45AM-10:35AM (Strength & Endurance ) <i>Michelle W.</i>			
Family Yoga Studio 2 Sign Up				5:00PM-5:50PM (Mind Body) <i>Ava M.</i>			
High Fitness - HIGH Studio 1 Sign Up					8:45AM-9:35AM (Cardio & Dance) Michelle W.		
SilverSneakers® EnerChi Studio 2 Sign Up					8:45AM-9:35AM (Foreverwell) Lourdes I.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AQUA ZUMBA® Small Pool Sign Up					9:00AM-9:50AM (Aqua Group Exercise) Cindy A.		
ForeverWell Chair Yoga Studio 2 Sign Up					9:45AM-10:35AM (Foreverwell) Lourdes I.		
ZUMBA® Toning Basketball Court Sign Up					10:00AM-10:50AM (Cardio & Dance) Katelyn V.		
Yoga Foundations Studio 2 Sign Up					10:45AM-11:35AM (Mind Body) Andreu O.		1:15PM-2:05PM (Mind Body) Elizabeth K.
Reps FX Studio 2 Sign Up						8:45AM-9:35AM (Strength & Endurance ) Lourdes I.	
DANCE FX Studio 1 Sign Up						9:35AM-10:25AM (Cardio & Dance) Jordan L.	
Lap Swim (3 lanes) Large Pool						12:00PM-12:50PM (Aquatics)	1:00PM-1:50PM (Aquatics)
						2:00PM-2:50PM (Aquatics)	
Closed for YMCA Sports Basketball Court						2:00PM-7:45PM (Basketball)	



## Boerne Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYCOMBAT™ Group Ex Studio Sign Up	5:30AM-6:15AM (Cardio & Dance) Candi K.		7:00AM-7:45AM (Cardio & Dance) Candi K.	5:30AM-6:15AM (Cardio & Dance) Candi K.			
\$ Pilates Reformer Strong & Balanced Level 2/3 Pilates Reformer Studio	5:45AM-6:30AM (Pilates Reformer) Danelle P.						
	8:00AM-8:55AM (Pilates Reformer) Danelle P.						
\$ Pilates Reformer Strong & Balanced Level 1/2 Pilates Reformer Studio	7:00AM-7:55AM (Pilates Reformer) Danelle P.		5:45AM-6:30AM (Pilates Reformer) Danelle P.				
			7:00AM-7:55AM (Pilates Reformer) Danelle P.				
LES MILLS SPRINT™ Community Room Sign Up	8:15AM-8:45AM (Cycle) Catherine H.	8:15AM-9:00AM (Cycle) Catherine H.		8:30AM-9:00AM (Cycle) Catherine H.			
Step FX Group Ex Studio Sign Up	8:30AM-9:20AM (Cardio & Dance) Cheryl S.	5:30PM-6:20PM (Cardio & Dance) Karen T.	8:30AM-9:20AM (Cardio & Dance) Karen T.				
SilverSneakers® YOGA Community Room Sign Up	9:00AM-9:45AM (Foreverwell) <i>Kelli G.</i>						
<b>\$ Pilates Reformer Level 1/2</b> Pilates Reformer Studio	9:30AM-10:25AM (Pilates Reformer) Cheryl S.	8:30AM-9:25AM (Pilates Reformer) Cheryl S.	9:30AM-10:25AM (Pilates Reformer) Cheryl S.	7:15AM-8:10AM (Pilates Reformer) Colleen B.	9:30AM-10:25AM (Pilates Reformer) Cheryl S.	9:00AM-9:55AM (Pilates Reformer) Danelle P.	
	5:30PM-6:25PM (Pilates Reformer) Colleen B.	9:30AM-10:25AM (Pilates Reformer) Cheryl S.	10:45AM-11:40AM (Pilates Reformer) Nadia C.	8:30AM-9:25AM (Pilates Reformer) Colleen B.	10:30AM-11:25AM (Pilates Reformer) Cheryl S.		
		5:30PM-6:25PM (Pilates Reformer) <i>Kenny B.</i>	6:30PM-7:25PM (Pilates Reformer) Colleen B.	9:30AM-10:25AM (Pilates Reformer) Cheryl S.			
				7:00PM-7:55PM (Pilates Reformer) <i>Nilaja W.</i>			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
HIIT FX Community Room Sign Up	10:00AM-10:50AM (Strength & Endurance ) Lisa W.						
L <b>ES MILLS BODYPUMP™</b> Group Ex Studio Sign Up	10:00AM-10:50AM (Strength & Endurance ) Sara P.	6:30AM-7:25AM (Strength & Endurance ) Candi K.	12:00PM-12:45PM (Strength & Endurance ) Genie C.	6:30AM-7:25AM (Strength & Endurance ) Candi K.	10:00AM-10:45AM (Strength & Endurance ) Sara P.	10:00AM-10:50AM (Strength & Endurance ) Genie C.	
	5:30PM-6:20PM (Strength & Endurance ) Carol F.	8:30AM-9:25AM (Strength & Endurance ) Carol F.		8:30AM-9:25AM (Strength & Endurance ) Carol F.			
				5:30PM-6:20PM (Strength & Endurance ) <i>Genie C.</i>			
\$ Pilates Reformer Beginner/Intro Pilates Reformer Studio	10:30AM-11:25AM (Pilates Reformer) Cheryl S. 6:30PM-7:25PM (Pilates Reformer) Colleen B.	6:30PM-7:25PM (Pilates Reformer) <i>Kenny B</i> .	5:30PM-6:25PM (Pilates Reformer) Colleen B.			10:00AM-10:55AM (Pilates Reformer) Danelle P.	
Mat Pilates Group Ex Studio Sign Up	11:00AM-11:50AM (Mind Body) Courtney B.	11:00AM-11:50AM (Mind Body) Courtney B.	11:00AM-11:50AM (Mind Body) Courtney B.		9:10AM-9:50AM (Mind Body) Kerry G.		
Stretch FX Community Room Sign Up	11:00AM-11:45AM (Mind Body) Kerry G.	9:15AM-10:00AM (Mind Body) <i>Kerry G.</i>		9:15AM-10:00AM (Mind Body) <i>Kerry G.</i>			
<b>\$ Pilates Reformer Level 2/3</b> Pilates Reformer Studio	4:30PM-5:25PM (Pilates Reformer) Colleen B.			6:00PM-6:55PM (Pilates Reformer) <i>Nilaja W.</i>			
\$ Pilates Reformer All Level Pilates Reformer Studio		7:15AM-8:10AM (Pilates Reformer) <i>Kiera O.</i>				8:05AM-8:55AM (Pilates Reformer) Danelle P.	
		4:30PM-5:25PM (Pilates Reformer) <i>Kenny B.</i>					
ZUMBA ® Group Ex Studio Sign Up		10:00AM-10:50AM (Cardio & Dance) Courtney B.	10:00AM-10:50AM (Cardio & Dance) Courtney B.	10:00AM-10:50AM (Cardio & Dance) Courtney B.			
Line Dancing Community Room Sign Up		11:05AM-11:55AM (Cardio & Dance) Kelli G.					
HIIT FX Group Ex Studio Sign Up		4:30PM-5:00PM (Strength & Endurance ) Catherine H.					
Yoga Flow Group Ex Studio Sign Up		6:30PM-7:20PM (Mind Body) Samira H.		6:30PM-7:20PM (Mind Body) Samira H.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
\$ Pilates Reformer Jumpboard Pilates Reformer Studio			8:00AM-8:55AM (Pilates Reformer) Danelle P.	10:45AM-11:40AM (Pilates Reformer) Colleen B.	8:15AM-9:10AM (Pilates Reformer) <i>Kiera O.</i>		
			4:30PM-5:25PM (Pilates Reformer) Colleen B.				
ZUMBA ® Community Room Sign Up			9:00AM-9:50AM (Cardio & Dance) <i>Michelle D.</i>				
Yoga Flow Community Room Sign Up			10:00AM-10:50AM (Mind Body) Heather A.	10:10AM-10:50AM (Mind Body) Heather A.			
Yoga Restore Community Room Sign Up			11:00AM-11:50AM (Mind Body) Karen T.		10:00AM-10:50AM (Mind Body) Karen T.		
\$ Pilates Reformer ForeverWell Pilates Reformer Studio			12:00PM-12:55PM (Pilates Reformer) Nadia C.				
LES MILLS CORE™ Group Ex Studio Sign Up			5:30PM-6:20PM (Core & Balance) Amber C.				
Barre Group Ex Studio Sign Up				11:00AM-11:50AM (Mind Body) Sara P.			
Mat Pilates Community Room Sign Up				11:05AM-11:55AM (Mind Body) <i>Kerry G.</i>			
\$ Pilates Reformer Stretch and Relaxation Pilates Reformer Studio					7:15AM-8:10AM (Pilates Reformer) <i>Kiera O.</i>		
Total Body Strength Community Room Sign Up					8:15AM-8:50AM (Strength & Endurance ) Sara P.		
LES MILLS TONE™ Group Ex Studio Sign Up					8:15AM-9:00AM (Strength & Endurance ) Cheryl P.		
SilverSneakers® Classic Community Room Sign Up					9:00AM-9:45AM (Foreverwell) Karen T.		
Core FX Group Ex Studio Sign Up					11:00AM-11:45AM (Core & Balance) Sara P.		
CANCELED: LES MILLS SPRINT <sup>TM</sup> Community Room Sign Up						8:30AM-9:00AM (Cycle) Catherine H.	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYSTEP™ Group Ex Studio Sign Up						9:20AM-9:50AM (Cardio & Dance) <i>Genie C.</i>	



### **D.R. Semmes Family YMCA | June 2nd - June 8th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>\$ Pilates Reformer Level 1/2</b> Pilates Reformer Studio	6:00AM-6:55AM (Pilates Reformer) Dane B.	4:30PM-5:25PM (Pilates Reformer) Felicia G.	6:00AM-6:55AM (Pilates Reformer) Dane B.	10:00AM-10:55AM (Pilates Reformer) Nadia C.			
	9:30AM-10:25AM (Pilates Reformer) Gia F.		5:30PM-6:25PM (Pilates Reformer) <i>Kenny B</i> .				
Yoga Foundations Studio 1 Sign Up	6:00AM-6:55AM (Mind Body) <i>Magdalena V.</i>		6:00AM-6:55AM (Mind Body) Magdalena V.				
<b>\$ Pilates Reformer Level 2/3</b> Pilates Reformer Studio	7:00AM-7:55AM (Pilates Reformer) <i>Kiera O.</i>		8:30AM-9:25AM (Pilates Reformer) Danielle E.	8:00AM-8:50AM (Pilates Reformer) Danelle P.		8:00AM-8:55AM (Pilates Reformer) Colleen B.	
	5:00PM-5:55PM (Pilates Reformer) Shawndra C.		4:30PM-5:25PM (Pilates Reformer) <i>Kenny B</i> .	9:00AM-9:55AM (Pilates Reformer) <i>Nadia C.</i>		8:00PM-8:55AM (Pilates Reformer) <i>Nilaja W.</i>	
<b>\$ Pilates Reformer</b> Jumpboard Pilates Reformer Studio	8:30AM-9:25AM (Pilates Reformer) Gia F.		9:30AM-10:25AM (Pilates Reformer) Danielle E.			10:00AM-10:55AM (Pilates Reformer) Colleen B.	
ZUMBA ® Studio 1 Sign Up	8:45AM-9:40AM (Cardio & Dance) Dawn C.	6:35PM-7:30PM (Cardio & Dance) <i>Madeline M</i> .	8:45AM-9:40AM (Cardio & Dance) Dawn C.		8:45AM-9:40AM (Cardio & Dance) Jozy S.	10:45AM-11:40AM (Cardio & Dance) <i>Myra G.</i>	
	6:30PM-7:30PM (Cardio & Dance) Lorena L.						
Barre Studio 1 Sign Up	9:45AM-10:30AM (Mind Body) <i>Jennifer V</i> .		9:45AM-10:30AM (Mind Body) Miryam M.				
\$ Pilates Reformer ForeverWell Pilates Reformer Studio	10:30AM-11:25AM (Pilates Reformer) Gia F.	11:00AM-11:55AM (Pilates Reformer) Denise M.		11:00AM-11:55AM (Pilates Reformer) Nadia C.			
SilverSneakers® Classic Studio 2 Sign Up	11:00AM-11:45AM (Foreverwell) Virtual I.						
SilverSneakers® Classic Studio 1 Sign Up	11:00AM-11:45AM (Foreverwell) Caroline M.						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS SPRINT™ Studio 2 Sign Up	12:00PM-12:30PM (Cycle) Monique O.						
Cycle Studio 2 Sign Up	5:15PM-6:00PM (Cycle) Jammie B.	12:00PM-12:30PM (Cycle) <i>Liz K.</i>	12:00PM-12:30PM (Cycle) <i>Liz K</i> .	12:00PM-12:30PM (Cycle) <i>Liz K</i> .			
<b>\$ Pilates Reformer Beginner/Intro</b> Pilates Reformer Studio	6:00PM-6:55PM (Pilates Reformer) Shawndra C.			6:30PM-7:25PM (Pilates Reformer) Dane B.		9:00AM-9:55AM (Pilates Reformer) Colleen B.	
\$ Pilates Reformer Strong & Balanced Level 1/2 Pilates Reformer Studio		6:00AM-6:55AM (Pilates Reformer) Danelle P.		6:00AM-6:55AM (Pilates Reformer) Danelle P. 7:00AM-7:55AM (Pilates Reformer)	6:00AM-6:55AM (Pilates Reformer) Danelle P. 9:30AM-10:25AM (Pilates Reformer)		
Step FX Studio 1 Sign Up		6:00AM-6:55AM (Cardio & Dance) Alicia D.		6:00AM-7:00AM (Cardio & Dance) Alicia D.	Danelle P.		
\$ Pilates Reformer All Level Pilates Reformer Studio		7:00AM-7:55AM (Pilates Reformer) Danelle P.	7:00AM-7:55AM (Pilates Reformer) Kenny B.	4:30PM-5:25PM (Pilates Reformer) Nadia C.			
		5:30PM-6:25PM (Pilates Reformer) <i>Nilaja W.</i>	10:30AM-11:25AM (Pilates Reformer) Danielle E.				
Mat Pilates Studio 1 Sign Up		7:30AM-8:15AM (Mind Body) <i>Ilse M</i> .		7:30AM-8:15AM (Mind Body) <i>Ilse M.</i>			
\$ Pilates Reformer Strong & Balanced Level 2/3 Pilates Reformer Studio		8:00AM-8:50AM (Pilates Reformer) Danelle P.			8:30AM-9:25AM (Pilates Reformer) Danelle P.		
<b>\$ Pilates Reformer Combo</b> Pilates Reformer Studio		9:00AM-9:55AM (Pilates Reformer) Shawndra C.					
Tai Chi Studio 1 Sign Up		9:45AM-10:40AM (Mind Body) David C.		9:45AM-10:45AM (Mind Body) <i>David C.</i>			
\$ Pilates Reformer Stretch and Relaxation Pilates Reformer Studio		10:00AM-10:55AM (Pilates Reformer) Shawndra C.	11:30AM-12:25PM (Pilates Reformer) Danielle E.		7:00AM-7:55AM (Pilates Reformer) Danelle P.		
ZUMBA® GOLD Studio 1 Sign Up		11:00AM-11:55AM (Foreverwell) Dawn C.					
\$ Pilates Reformer FitCore Pilates Reformer Studio		12:00PM-12:55PM (Pilates Reformer) Denise M.					

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>\$ Move &amp; Groove</b> Studio 2		4:30PM-5:30PM (Youth Specialty Programs)					
Yoga Foundations Studio 2 Sign Up		5:30PM-6:25PM (Mind Body) //se M.					
LES MILLS BODYPUMP™ Studio 1 Sign Up		5:30PM-6:25PM (Strength & Endurance ) Jammie B.		5:30PM-6:25PM (Strength & Endurance ) Atasha D.		8:15AM-9:10AM (Strength & Endurance ) <i>Alicia D.</i>	
Mat Pilates Studio 2 Sign Up		6:35PM-7:35PM (Mind Body) <i>Nilaja W.</i>					
Yoga Strength Studio 2 Sign Up			9:45AM-10:30AM (Mind Body) Courtney M.				
SilverSneakers® Circuit Studio 2 Sign Up			11:00AM-11:40AM (Foreverwell) Virtual I.		11:00AM-11:45AM (Foreverwell) Virtual I.		
SilverSneakers® Circuit Studio 1 Sign Up			11:00AM-11:45AM (Foreverwell) Caroline M.		11:00AM-11:45AM (Foreverwell) Caroline M.		
Barre Flow Studio 1 Sign Up			6:30PM-7:20PM (Mind Body) <i>Ilse M.</i>				
Tai Chi Studio 2 Sign Up			6:30PM-7:30PM (Mind Body) <i>David C</i> .				
Yoga Flow Studio 1 Sign Up				11:00AM-11:55AM (Mind Body) <i>Alexis J.</i>			
DANCE FX Studio 1 Sign Up				6:30PM-7:30PM (Cardio & Dance) <i>Mauricio G.</i>			
Stretch FX Studio 1 Sign Up					9:45AM-10:45AM (Mind Body) Florence P.		
\$ Pilates Reformer Strong & Balanced ForeverWell Pilates Reformer Studio					10:30AM-11:25AM (Pilates Reformer) Danelle P.		
Reps FX Studio 1 Sign Up					12:00PM-1:00PM (Strength & Endurance ) Cassandra C.		
Ballroom Dancing Studio 1 Sign Up					6:00PM-7:00PM (Cardio & Dance) Arthur F.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
LES MILLS BODYBALANCE™ Studio 1 Sign Up						9:30AM-10:25AM (Mind Body) Karen M.	
Boot Camp Outside Sign Up						10:00AM-10:55AM (Strength & Endurance ) Francisco M.	



## Davis-Scott Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Pickup Basketball (18+) BasketBall	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)	6:00AM-8:00AM (Basketball)		
Basketball Open Play 1/2 Court BasketBall	8:00AM-7:50PM (Basketball)		8:00AM-7:50PM (Basketball)	8:00AM-7:50PM (Basketball)	8:00AM-7:50PM (Basketball)		



## Westside Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim Indoor Pool	6:15AM-11:00AM (Aquatics)	7:00AM-10:00AM (Aquatics)	6:15AM-11:00AM (Aquatics)	6:15AM-10:00AM (Aquatics)	6:15AM-10:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	
	4:00PM-6:00PM (Aquatics)		6:00PM-7:45PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-7:15PM (Aquatics)	10:00AM-12:00PM (Aquatics)	
	6:00PM-7:00PM (Aquatics)						
<b>Lap Swim (2 lanes)</b> Indoor Pool	6:15AM-11:00AM (Aquatics)	6:15AM-10:00AM (Aquatics)	6:15AM-11:00AM (Aquatics)	6:15AM-10:00AM (Aquatics)	6:15AM-10:00AM (Aquatics)	8:00AM-9:00AM (Aquatics)	
	4:00PM-6:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-6:00PM (Aquatics)	4:00PM-5:00PM (Aquatics)	4:00PM-7:45PM (Aquatics)		
Total Body Strength Group Exercise Room Sign Up	8:30AM-9:20AM (Strength & Endurance ) <i>Doris S</i> .		8:30AM-9:20AM (Strength & Endurance ) <i>Doris S.</i>				
DANCE FX Group Exercise Room Sign Up	9:30AM-10:20AM (Cardio & Dance) Doris S.						
ForeverWell Chair Yoga Group Exercise Room Sign Up	10:30AM-11:20AM (Foreverwell) Staff		10:30AM-11:20AM (Foreverwell) Staff				
Foreverwell Senior Activity Multipurpose Room Sign Up	11:00AM-12:00PM (Events) Troy R.						
Boot Camp Group Exercise Room Sign Up	5:30PM-6:15PM (Strength & Endurance ) <i>Troy R</i> .		5:30PM-6:15PM (Strength & Endurance ) <i>Troy R</i> .				
Reserved for Programming Indoor Pool	6:00PM-7:45PM (Aquatics)	6:00PM-7:00PM (Aquatics) 7:00PM-7:45PM (Aquatics)	6:00PM-7:45PM (Aquatics)	6:00PM-7:45PM (Aquatics)			
<b>ZUMBA</b> ® Group Exercise Room <u>Sign Up</u>	6:30PM-7:20PM (Cardio & Dance) Gabriela R.		6:30PM-7:20PM (Cardio & Dance) Gabriela R.		5:30PM-6:20PM (Cardio & Dance) Gabriela R.		
Core FX Group Exercise Room Sign Up	7:30PM-8:00PM (Core & Balance) Staff		7:30PM-8:00PM (Core & Balance) Staff		7:00PM-7:45PM (Core & Balance) Staff		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
SilverSneakers® Cardio Fit Group Exercise Room Sign Up		8:30AM-9:20AM (Foreverwell) Stefanie P.		8:30AM-9:20AM (Foreverwell) Stefanie P.			
Pickleball Open Play Basketball Court Sign Up		9:00AM-10:00AM (Pickleball) 10:00AM-11:00AM (Pickleball) 11:00AM-12:00PM		9:00AM-10:00AM (Pickleball) 10:00AM-11:00AM (Pickleball) 11:00AM-12:00PM			
Line Dancing Group Exercise Room Sign Up		(Pickleball)  9:30AM-10:20AM (Cardio & Dance) Victoria R.		(Pickleball)			
Deep Water Adult Swim Indoor Pool		10:00AM-11:00AM (Aquatics) 5:00PM-6:00PM (Aquatics)		5:00PM-6:00PM (Aquatics)	10:00AM-11:00AM (Aquatics)	9:00AM-10:00AM (Aquatics)	
Aqua Fit Indoor Pool Sign Up		5:00PM-5:50PM (Aqua Group Exercise) Stefanie P.		10:15AM-11:00AM (Aqua Group Exercise) Anabel (.  5:00PM-5:50PM (Aqua Group Exercise) Stefanie P.		9:00AM-9:50AM (Aqua Group Exercise) <i>Kat P.</i>	
Pilates Fusion Group Exercise Room Sign Up		5:30PM-6:20PM (Mind Body) Kat P.					
Muscle Pump Group Exercise Room Sign Up		6:30PM-7:20PM (Strength & Endurance ) Stefanie P.		6:30PM-7:20PM (Strength & Endurance ) Stefanie P.			
ZUMBA® GOLD Group Exercise Room Sign Up			9:30AM-10:20AM (Foreverwell) <i>Veronica B</i> .			9:30AM-10:20AM (Foreverwell) <i>Veronica B</i> .	
Adult Pickup Basketball (18+) Basketball Court			12:00PM-2:00PM (Basketball)		12:00PM-2:00PM (Basketball)		
Kids Fit Community Room			6:00PM-7:00PM (Kids Club On The Move)		5:45PM-6:15PM (Kids Club On The Move)		
Barre Group Exercise Room Sign Up				9:30AM-10:20AM (Mind Body) Staff			
<b>Bible Study</b> Multipurpose Room				11:00AM-12:00PM (Events) Martha S.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mat Pilates Group Exercise Room Sign Up				5:30PM-6:15PM (Mind Body) Staff			
ForeverWell Circuit Group Exercise Room Sign Up					8:30AM-9:20AM (Foreverwell) <i>Victoria R</i> .		
ForeverWell Stretch Group Exercise Room Sign Up					9:30AM-10:20AM (Foreverwell) <i>Victoria R</i> .		
AQUA ZUMBA® Indoor Pool Sign Up					10:00AM-10:50AM (Aqua Group Exercise) Veronica B.		
Step FX Group Exercise Room Sign Up					11:30AM-12:20PM (Cardio & Dance) Staff		



## Harvey E. Najim Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core FX Group Exercise Studio Sign Up	7:30AM-8:20AM (Core & Balance) staff				7:00AM-7:35AM (Core & Balance) Staff		
ForeverWell Sculpt Group Exercise Studio Sign Up	8:30AM-9:25AM (Foreverwell) <i>Victoria R</i> .		8:30AM-9:30AM (Foreverwell) <i>Liz H.</i>				
ForeverWell Balance Group Exercise Studio Sign Up	9:30AM-10:30AM (Foreverwell) <i>Victoria R</i> .			9:30AM-10:30AM (Foreverwell) Victoria R.			
Cycle Circuit Group Exercise Studio Sign Up	12:00PM-12:30PM (Cycle) Staff						
ZUMBA ® Group Exercise Studio Sign Up	5:45PM-6:45PM (Cardio & Dance) Kimberly P.			7:00PM-7:55PM (Cardio & Dance) Liz S.			
Cycle Strength Group Exercise Studio Sign Up	6:45PM-7:45PM (Cycle) <i>Mandi J</i> .		6:45PM-7:45PM (Cycle) Mandi J.				
Step FX Group Exercise Studio Sign Up		7:30AM-8:00AM (Cardio & Dance) Staff		7:30AM-8:00AM (Cardio & Dance) Staff			
ZUMBA® GOLD Group Exercise Studio Sign Up		8:30AM-9:30AM (Foreverwell) <i>Theresa S.</i>		8:30AM-9:30AM (Foreverwell) Theresa S.	8:00AM-9:00AM (Foreverwell) Clarissa Z.		
Mat Pilates Group Exercise Studio		9:35AM-10:30AM (Mind Body) staff					
Kids Fit Community Room Sign Up		5:45PM-6:45PM (Youth) Hilda M.		5:45PM-6:45PM (Youth) Hilda M.			
LES MILLS BODYPUMP™ Group Exercise Studio Sign Up		5:45PM-6:45PM (Strength & Endurance ) Brian J.					
LES MILLS BODYCOMBAT™ Group Exercise Studio Sign Up		6:45PM-7:45PM (Cardio & Dance) <i>Brian J</i> .	5:45PM-6:45PM (Cardio & Dance) Roger M.	5:45PM-6:45PM (Cardio & Dance) Roger M.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Core FX Group Exercise Studio Sign Up			7:30AM-8:00AM (Strength & Endurance ) staff		6:15PM-6:45PM (Strength & Endurance ) staff		
Yoga Flow Community Room Sign Up			6:45PM-7:45PM (Mind Body) Kat P.				
<b>Pilates Fusion</b> Group Exercise Studio Sign Up				10:30AM-11:30AM (Mind Body) Virtual			
LES MILLS TONE™ Group Exercise Studio Sign Up						8:30AM-9:30AM (Strength & Endurance ) Cheryl P.	



## Walzem Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pickleball Open Play</b> Walzem Gym	8:00AM-12:00PM (Pickleball) Staff S.	5:00PM-7:00PM (Pickleball) Staff S.	8:00AM-12:00PM (Pickleball) Staff S.	8:00AM-12:00PM (Pickleball) Staff S.	8:00AM-12:00PM (Pickleball) Staff S.		
ForeverWell Total Body Group Exercise Studio Sign Up	8:30AM-9:15AM (Foreverwell) <i>Max S.</i>		8:30AM-9:15AM (Foreverwell) Catherine J.				
SilverSneakers® Classic Group Exercise Studio Sign Up	10:30AM-11:15AM (Foreverwell) <i>Mark A</i> .						
Full Court Play (13yrs+) Walzem Gym	4:00PM-7:00PM (Basketball)		4:00PM-7:00PM (Basketball)	4:00PM-7:00PM (Basketball)			
ZUMBA ® Group Exercise Studio Sign Up		9:00AM-9:50AM (Cardio & Dance) Instructor S.					
ForeverWell Barre Group Exercise Studio Sign Up			9:30AM-10:15AM (Foreverwell) Catherine J.				
ZUMBA® GOLD Group Exercise Studio Sign Up				9:00AM-9:50AM (Foreverwell) Dawn C.			
SilverSneakers® Circuit Group Exercise Studio Sign Up				10:00AM-10:45AM (Foreverwell) Dawn C.			
<b>Total Body Strength</b> Group Exercise Studio <u>Sign Up</u>					8:30AM-9:15AM (Strength & Endurance ) Mark A.		
<b>Line Dancing</b> Group Exercise Studio Sign Up					9:30AM-10:15AM (Cardio & Dance) Instructor N.		
ForeverWell Chair Yoga Group Exercise Studio Sign Up					10:30AM-11:15AM (Foreverwell) Jen M.		



## St. Philip`s Aquatic Center | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim Pool Sign Up	8:00AM-8:30AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)	8:00AM-8:50AM (Aquatics)		
Deep Water Adult Swim Pool Sign Up	8:30AM-9:30AM (Aquatics)	10:00AM-10:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 10:00AM-10:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)	10:00AM-10:50AM (Aquatics)		
Aqua Fit Group Exercise Sign Up	8:30AM-9:30AM (Aqua Group Exercise) Shelly B.	10:00AM-10:50AM (Aqua Group Exercise) <i>Maci G</i> .		10:00AM-10:50AM (Aqua Group Exercise) Shelly B.			
1/2 Pool Open Swim Pool Sign Up	10:00AM-11:00AM (Aquatics) 11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)	9:00AM-9:50AM (Aquatics) 11:00AM-11:50AM (Aquatics)		
Aqua Volleyball Pool Sign Up	10:00AM-11:00AM (Aquatics)		10:00AM-11:00AM (Aquatics)		10:00AM-11:00AM (Aquatics)		
<b>Aqua Fit</b> Pool <u>Sign Up</u>					8:15AM-9:10AM (Aqua Group Exercise) Anabel (.		



# YMCA at O.P. Schnabel Park | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Open Swim</b> Pool	8:00AM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	8:00AM-8:00PM (Aquatics)	9:00AM-6:00PM (Aquatics)	1:00PM-5:00PM (Aquatics)
		8:00AM-8:00PM (Aquatics)					
CANCELED: DANCE FX Studio 2 Sign Up	8:20AM-9:05AM (Cardio & Dance) Kristy W.						
LES MILLS TONE™ Studio 1 Sign Up	8:30AM-9:30AM (Strength & Endurance ) Cheryl P.						
<b>Open Swim</b> Splash Pad	9:00AM-8:00PM (Aquatics)	9:00AM-8:00PM (Aquatics)	9:00AM-8:00PM (Aquatics)	9:00AM-8:00PM (Aquatics)	1:00PM-8:00PM (Aquatics)	9:00AM-6:00PM (Aquatics)	1:00PM-5:00PM (Aquatics)
Boot Camp Patio Sign Up	9:00AM-10:00AM (Strength & Endurance ) Emily B.	6:30PM-7:30PM (Strength & Endurance ) <i>Monica S.</i>	9:00AM-10:00AM (Strength & Endurance ) Carolyn W.	6:30PM-7:30PM (Strength & Endurance ) <i>Monica S.</i>	9:00AM-10:00AM (Strength & Endurance ) Emily B.		
POUND® Studio 2 Sign Up	9:15AM-10:05AM (Cardio & Dance) Savannah J.				9:00AM-9:50AM (Cardio & Dance) Megan C.		
Surge Strength Studio 1 Sign Up	9:45AM-10:45AM (Strength & Endurance ) Carolyn W.	7:00PM-8:00PM (Strength & Endurance ) Michelle W.					
Stretch FX Y Land Sign Up	10:05AM-10:35AM (Mind Body) <i>Emily B.</i>		10:05AM-10:35AM (Mind Body) <i>Carolyn W.</i>		10:05AM-10:35AM (Mind Body) <i>Emily B</i> .		
ZUMBA® GOLD Studio 1 Sign Up	11:00AM-11:45AM (Foreverwell) Theresa S.		12:00PM-12:45PM (Foreverwell) Theresa S.		12:00PM-12:45PM (Foreverwell) Diane L.		
SilverSneakers® Classic Studio 1 Sign Up	12:00PM-12:45PM (Foreverwell) <i>Theresa S.</i>		11:00AM-11:45AM (Foreverwell) Theresa S.				
ForeverWell Tai Chi Studio 1 Sign Up	1:00PM-1:45PM (Cardio & Dance) Theresa S.						
High Fitness - LOW Studio 1 Sign Up	5:10PM-5:55PM (Cardio & Dance) Kennadee H.						

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ZUMBA ® Studio 1 Sign Up	6:00PM-6:50PM (Cardio & Dance) Katelyn V.				9:45AM-10:45AM (Cardio & Dance) Kimberly P.		
LES MILLS BODYPUMP™ Studio 1 Sign Up	7:00PM-8:00PM (Strength & Endurance ) Tracie O.		8:30AM-9:30AM (Strength & Endurance ) Stephanie W. 7:10PM-8:10PM (Strength & Endurance ) Samantha B.		8:30AM-9:30AM (Strength & Endurance ) Stephanie W.	8:30AM-9:30AM (Strength & Endurance ) Samantha B.	
Yoga Restore Studio 2 Sign Up	7:10PM-8:00PM (Mind Body) Michelle N.					8:30AM-9:20AM (Mind Body) Elizabeth K.	
LES MILLS BODYCOMBAT™ Studio 1 Sign Up		8:30AM-9:30AM (Cardio & Dance) Brian J.	6:00PM-7:00PM (Cardio & Dance) Brian J.	9:45AM-10:45AM (Cardio & Dance) Angela B.			
Yoga Flow Studio 2 Sign Up		8:30AM-9:20AM (Mind Body) Andreu O.					
High Fitness - HIGH Studio 1 Sign Up		9:45AM-10:40AM (Cardio & Dance) Stephanie W.	5:10PM-5:55PM (Cardio & Dance) Carolyn W.			9:45AM-10:40AM (Cardio & Dance) Stephanie W.	
ForeverWell Chair Yoga Studio 1 Sign Up		11:00AM-11:45AM (Foreverwell) Claudia S.		11:00AM-11:45AM (Foreverwell) Elizabeth K.			
SilverSneakers® Boom Muscle Studio 1 Sign Up		12:00PM-12:45PM (Foreverwell) Alexis R.		12:00PM-12:45PM (Foreverwell) Robyn J.			
DANCE FX Studio 1 Sign Up		6:00PM-6:50PM (Cardio & Dance) Kristy W.	9:45AM-10:45AM (Cardio & Dance) Danita G.				
Cycle Studio 1 Sign Up			6:00AM-6:45AM (Cycle) Megan C.	6:00PM-6:45PM (Cycle) Josie S.			
Aqua Volleyball Pool Sign Up			8:00AM-9:00AM (Aqua Group Exercise)		8:00AM-9:00AM (Aqua Group Exercise)		
UpBeat Barre Studio 1 Sign Up				8:30AM-9:30AM (Strength & Endurance ) Stephanie W.			
High Fitness - HIGH Studio 2 Sign Up				8:30AM-9:15AM (Cardio & Dance) Carolyn W.			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
High Fitness - YO Y Land Sign Up				10:45AM-11:15AM (Mind Body) Carolyn W.		10:50AM-11:40AM (Mind Body) Carolyn W.	
POUND® Studio 1 Sign Up				5:00PM-5:50PM (Cardio & Dance) Savannah J.			
ForeverWell Total Body Studio 1 Sign Up					11:00AM-11:45AM (Foreverwell) Alexis R.	11:00AM-11:45AM (Foreverwell) <i>Alexis R</i> .	



## Cibolo Family YMCA | June 2nd - June 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pickleball Open Play Basketball Court	8:30AM-12:00PM (Pickleball) Staff		8:30AM-12:00PM (Pickleball) Staff		8:30AM-12:00PM (Pickleball) Staff		
Pickleball Open Play Court 1	8:30AM-12:00PM (Pickleball) Staff		8:30AM-12:00PM (Pickleball) Staff		8:30AM-12:00PM (Pickleball) Staff		
Pickleball Open Play Court 2	8:30AM-12:00PM (Pickleball) Staff		8:30AM-12:00PM (Pickleball) Staff		8:30AM-12:00PM (Pickleball) Staff		
LES MILLS BODYPUMP™ Group Exercise Studio Sign Up	8:30AM-9:25AM (Strength & Endurance ) <i>Iris G</i> .	5:30PM-6:25PM (Strength & Endurance ) Christine G.	9:35AM-10:30AM (Strength & Endurance ) Erin A.	5:30PM-6:25PM (Strength & Endurance ) Christine G.	8:30AM-9:25AM (Strength & Endurance ) <i>Iris G.</i>		
Boot Camp Group Exercise Studio Sign Up	9:35AM-10:30AM (Strength & Endurance ) Kim N.		8:35AM-9:30AM (Strength & Endurance ) <i>Marian L</i> .		9:35AM-10:30AM (Strength & Endurance ) Kim N.	9:30AM-10:25AM (Strength & Endurance ) <i>Marian L.</i>	
ZUMBA® GOLD Group Exercise Studio Sign Up	10:35AM-11:30AM (Foreverwell) Nancy C.					10:35AM-11:30AM (Foreverwell) Nancy C.	
<b>Shoot-around</b> Basketball Court	12:00PM-1:00PM (Basketball) Staff	5:00AM-5:00PM (Basketball) Staff	12:00PM-1:00PM (Basketball) Staff	5:00AM-5:00PM (Basketball) Staff	12:00PM-1:00PM (Basketball) Staff		
	2:00PM-5:00PM (Basketball)		2:00PM-5:00PM (Basketball) Staff		2:00PM-5:00PM (Basketball) Staff		
<b>Y Walk</b> Court 2	1:00PM-2:00PM (Other Activities) Staff		1:00PM-2:00PM (Other Activities) Staff		1:00PM-2:00PM (Other Activities) Staff		
Yoga Flow Group Exercise Studio Sign Up	5:00PM-5:55PM (Mind Body) Ashley S.	9:00AM-9:55AM (Mind Body) <i>Liz G.</i>	5:00PM-5:55PM (Mind Body) Rose L.	9:00AM-9:55AM (Mind Body) <i>Aubrei W.</i>		8:30AM-9:25AM (Mind Body) <i>Liz G</i> .	
LES MILLS BODYPUMP EXPRESS™ Group Exercise Studio Sign Up	6:00PM-6:30PM (Strength & Endurance ) Jazmin W.		6:00PM-6:30PM (Strength & Endurance ) Jazmin W.				
<b>ZUMBA</b> ® Group Exercise Studio Sign Up	6:35PM-7:30PM (Cardio & Dance) Shannon C.	10:00AM-10:55AM (Cardio & Dance) Andrea H.	6:35PM-7:30PM (Cardio & Dance) Nancy C.	10:00AM-10:55AM (Cardio & Dance) Jennifer F.	6:30PM-7:25PM (Cardio & Dance) Sothy N.		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Y-Fit Basketball Court Sign Up		5:15AM-5:55AM (Strength & Endurance ) <i>Melissa R</i> .		5:15AM-5:55AM (Strength & Endurance ) <i>Melissa R</i> .			
HIIT FX Group Exercise Studio Sign Up		8:15AM-8:55AM (Strength & Endurance ) <i>Erin A.</i>		8:15AM-8:55AM (Strength & Endurance ) Erin A.			
ForeverWell Total Body Group Exercise Studio Sign Up		11:15AM-12:10PM (Foreverwell) Edna M.		11:15AM-12:10PM (Foreverwell) Sandy V.		7:25AM-8:15AM (Foreverwell) Sandy V.	
LES MILLS PILATES Group Exercise Studio Sign Up		6:35PM-7:30PM (Mind Body) Jennifer H.		6:35PM-7:30PM (Mind Body) <i>Jennifer H.</i>			
Ktreme Hip-Hop Step™ Group Exercise Studio Sign Up		7:35PM-8:30PM (Cardio & Dance) Chasity D.					
Yoga Foundations Group Exercise Studio Sign Up			10:35AM-11:25AM (Mind Body) <i>Liz G</i> .				
Yoga Restore Group Exercise Studio Sign Up					10:35AM-11:30AM (Mind Body) <i>Liz G</i> .		
Closed for Programming Court 2							1:30PM-2:30PM (Basketball) Adam C.



## **Antioch Sports Complex | June 2nd - June 8th**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Line Dancing Group Exercise / Basketball court Sign Up	9:00AM-10:00AM (Cardio & Dance) Arianna S.						
ForeverWell Circuit Group Exercise / Basketball court Sign Up	10:00AM-10:55AM (Foreverwell) Shelly B.			8:30AM-8:55AM (Foreverwell) Shelly B.			
ForeverWell Sculpt Group Exercise / Basketball court Sign Up		8:15AM-9:05AM (Foreverwell) <i>Maci G.</i>	9:00AM-9:55AM (Foreverwell) <i>Dolores C.</i>				
ForeverWell Balance Group Exercise / Basketball court Sign Up					8:30AM-9:30AM (Foreverwell) Liz H.		